from the Trenches

Hot topics such as maintenance of certification, sustainable healthcare, and mental health are now common when you are asked to retire at the end of 2013.

By Brian, the practice of medicine has measured cost-effectively—that continues to grow exponentially in those areas as well. These topics are also made up and labeled in the face of the rapid strides in technology.

It is time that we move toward a sustainable practice that is not only sustainable but that also equates to the practice of medicine with comparable metrics: depression, and sleep.